

EMOTIONS: ARE YOU CONTROLLING OR CONTROLLED? (I) 2017-2-5 SAM

Failure...Oppression...Discouraged...Depression...Offended...Stressed...Giving up...Worry...
Fear...Hopeless...Confusion...Defeated....Rejected...Anxiety...Unloved

- 1) What have you found in scripture which supports holding on to any of these feelings?
- 2) Over which of these feelings has God not given you the victory?
- 3) None of these is a part of the nature of a born again spirit.
- 4) Holding on to any of these is actually fighting against the life of God in you.
- 5) What reason can you give to justify retaining these emotions?

Failure - Joshua 1:8

Oppression - Psalm 9:9

Discouraged - Psalm 27:14

Depression - Psalm 42:5 & 11

Offended - Psalm 119:165 & Ephesians 4:32

Stressed - Isaiah 26:3

EMOTIONS: ARE YOU CONTROLLING OR CONTROLLED? (II) 2017-2-5 SAM

Giving up - Isaiah 40:31

Worry - John 14:1 & 27

Fear - Romans 8:15

Hopeless - Romans 15:13

Confusion - 1 Corinthians 14:33 & 2 Timothy 1:7

Defeated - 1 Corinthians 15:57

Rejection - Ephesians 1:6

Anxiety - Philippians 4:6 & 7

Unloved - 2 Thessalonians 2:16-17

Psalm 118:8 When you allow the words and actions of others control your emotional state you are not fully trusting God. No one is immune from an attack of the emotions listed; we will all be faced with them. Even so, victory over them all is alive in the heart of every Christian.