## Worship to Climb Out (PD221610 – Oct 16, 2022)

Worship is the rope you use to pull yourself out of the pit of emotional despair.

I saw a person in a hole. This hole was round and it was such to where this person could stretch their arms out with their elbows and not touch the sides of the hole, but they could not stretch their arms and touch it with their hands. And there's a rope hanging straight down the middle of this hole. This person was looking up and could see there was light up above and began climbing and it was hard. If any of you have ever tried climbing a rope, you know that can be a real challenge.

That's the way it is when you're fighting the emotions of whatever. Those emotions can tell you that you just don't feel like worshiping. And it can be like climbing up that rope as far as the exertion and the effort is concerned just to worship, because you just don't feel like it. But if you'll do it, if you'll do it, you will climb out of that despair and you will experience that light. You won't just see it above; you'll be in it, and you will have that deliverance. No one can lay hands on you and minister to you to deliver you from something that you're choosing to hold on to. But if you will worship, make yourself do it, you will climb out. You will. And the only way to know that for a fact is to do it.