

Overcoming Emotional Anguish (PD250406 – April 6, 2025)

Oh, there is a mind of Christ for me full of peace, full of joy. There is a way the Lord where your emotions are balanced and they do not mess with you anymore, but it requires sitting at His feet waiting in His presence. (The) promise is yours, so just come and be with Him.

*What I am sensing is that there is like an anguish, a mental emotion in some people, and we know that the Word says Jesus is the Prince of peace and that we are to be anxious for nothing. And these are promises, and when we don't avail ourselves of those promises their effects will not take place. But there is a place in Jesus where your mind stops racing, where your emotions balance out, and that's not to say there is perfection in that all the time, but there's a peace.*

*He's not just the healer of physical problems. He's the healer of our souls, and though it takes the Word to renew our minds, praying in the Spirit to build ourselves up on our most holy faith, there is a place where He just ministers to us in that area in our minds, in our wills and emotions where He can like wash, it's like a washing takes place. So, the encouragement today is to avail yourself of His peace and His washing. Don't allow the storms of life to hold on.*

*Jesus. Jesus. Just begin to worship Him. Lord I am asking that you touch every heart right now and every mind and that you continue to wash. Every plan and attack of the enemy are canceled now in Jesus' name. Thank you, Lord. What the enemy meant for harm Lord you would turn around for good. We declare our flesh crucified, crucified with Christ, dead with all with all passions and lusts and we say in the Name of Jesus that we have the mind of Christ, we are washed, we are free, we are whole.*